

# **CHILD SEXUAL ABUSE**

## **RESOURCE / MATERIALS LIST**

Compiled by: Bureau of Community Mental Health  
Division of Supportive Living  
Bureau of Programs and Policies  
Division of Children and Family Services

**August 1999**

## Introduction:

The degree of harm a child experiences as a result of sexual abuse depends upon the nature of the act, the age of the child, and the child's general environment. Physical harm may include cuts, disfigurement, deformity, and pregnancy. Mental harm may consist of feelings of pain, panic, devastation, betrayal, shame, fear, guilt and vulnerability that may persist throughout the child's life. While child sexual abuse may not always lead to permanent injury, one should assume that all sexual abuse experiences are potentially harmful. Children should be reassured that they are never responsible for the assault.

The effects of child sexual abuse may often be devastating and long lasting. There are many people served in the mental health, substance abuse, and criminal justice systems that are victims of abuse and violence. Professional intervention and a supportive environment are needed to heal and break the cycle of abuse.

Children may exhibit the following physical and psychological effects of being victims of child sexual abuse:

- Fear of being touched, left alone with someone, certain places.
- Regression to infantile behavior, bedwetting, fecal soiling, excessive masturbation.
- Sleep disturbances, eating and sleep disorders.
- Clinging, whining, social withdrawal.
- Frequent genital infections or recurrent physical complaints.
- Explicit sexual knowledge, behavior, language, promiscuity/prostitution.
- Agitation, hyperactivity/irritability, running away, truancy, delinquency.
- Poor self image, change in school performance, depression, chemical abuse, and suicide.

With counseling and support from family members, many of these symptoms and behaviors can be relieved and stopped. Long-term effects of undisclosed and untreated child sexual abuse can contribute to:

- Marital relationship problems.
- Patterns of exploitative relationships.
- Sexual problems, such as aversion to sex or compulsive sex.
- Obsessive/compulsive problems like overeating or anorexia.
- Low self-esteem from hidden shame and guilt.
- Depression and suicide tendencies.

The purpose of the *Child Abuse Resource/Materials List* is to provide human service agencies, case managers, therapists, educators, caregivers and families an organized listing of child sexual abuse information sites, along with selected articles that are available to them from that source.

## Wisconsin Resources:

### **Children's Hospital of Wisconsin**

Child Protection Center (414) 277-8991  
Liz Ghilardi, CICSW  
1020 N. 12<sup>th</sup> St., Milwaukee, WI, 53201

### **Children's Trust Fund**

Barbara Anderson, MS (608) 266-6871  
110 E. Main St, Madison, WI, 53703

### **Dane County Human Services Department**

Jeanne Furgeson, MSSW (608) 261-9860  
2322 S. Park St., Madison, WI, 53713

### **Family Sexual Abuse Treatment, Inc.**

Jill Cohen Kolb, M.A. (608) 244-4022  
2120 Fordem Av. Madison, WI, 53704

### **Family Therapy Center of Madison**

Vince Fish, Ph.D (608) 276-9191  
700 Ray O Vac Dr., Madison, WI, 53711

### **Parenting Network, The**

Jan Buchler (414) 671-5575  
1717 So. 12<sup>th</sup> St., Milwaukee, WI 53204

### **Parental Stress Center (Oasis)**

Fran Nelson (608) 241-4888  
2120 Fordem Av., Madison, WI, 53704

### **Prevent Child Abuse Wisconsin**

Sally Casper, M.Ed. (608) 256-3374  
214 N. Hamilton, Madison, WI, 53703

### **Rainbow Project**

Brent Mruz, MS (608) 255-7356  
831 E. Washington St., Madison, WI 53703

### **Sinai Samaritan Medical Center**

Aurora Health Care, Sexual Assault Treatment Center (414) 219-5555  
945 N. 12<sup>th</sup> St.  
Milwaukee, WI 53233

### **Professional Society on the Abuse of Children (WIPSAC)**

Curtis O'Connor (414) 277-8990  
Children's Hospital  
PO Box 1997, MS 746, Milwaukee WI 53201

### **Wisconsin Clearinghouse for Prevention Resources Directory**

(608) 262-7507  
[www.uhs.wisc.edu/wch/dpi](http://www.uhs.wisc.edu/wch/dpi)

### **Wisconsin Coalition Against Sexual Assault (WCASA)**

Erin Thornley (608) 257-1516  
123 E. Main St., Madison, WI, 53703  
[www.wcasa.org](http://www.wcasa.org)

### **Wisconsin Council on Children and Families**

16 N. Main St. (608) 284-0580  
Madison, WI 53703

### **Wisconsin Council on Developmental Disabilities**

600 Williamson St., PO Box 7851 (608) 266-7826  
Madison, WI 53707-7851 (608) 266-660 TTY

**\*\*Other Wisconsin Resources:** Contact County HSD for a listing of treatment providers for children who have been victims of child sexual abuse.

## National Resources:

<b>American Academy of Child &amp; Adolescent Psychiatry (AACAP)</b> Public Information PO Box 96106, Washington DC 20090-6106 <a href="http://www.aacap.org">www.aacap.org</a>	<b>(202) 966-7300</b>
<b>American Humane Association</b> <a href="http://www.americanhumane.org">www.americanhumane.org</a>	<b>(800) 227-5242</b>
<b>American Profession Society on the Abuse of Children (APSAC)</b> 407 So. Dearborn Street, Suite 1300, Chicago IL 60605 <a href="http://www.apsac.org">www.apsac.org</a>	<b>(312) 554-0166</b>
<b>Family Violence and sexual Assault Institute (FVSAI)</b> 1121 E. SSE Loop 323 Site 130 Tyler, TX 75701	<b>(903) 534-5100</b>
<b>Gilford Publications</b>	<b>(800) 365-7006</b>
<b>National Children's Advocacy Center (NCAC)</b> 200 Westside Square, Suite 700 Huntsville, AL 35801	<b>(256) 533-5437</b>
<b>National Clearing House on Child Abuse and Neglect Information</b> 300 C Street SW, Washington DC 20447 e-mail: <a href="mailto:nccanch@calib.com">nccanch@calib.com</a> <a href="http://www.calib.com/nccanch">www.calib.com/nccanch</a>	<b>(800) 394-3366</b>
<b>National Resource Center on Child Maltreatment</b> 1349 West Peachtree Street N.E., Suite 900, Atlanta Ga. 30309 <a href="http://www.gocwi.org/nrcm">www.gocwi.org/nrcm</a>	<b>(404) 881-0707</b>
<b>Prevent Child Abuse America</b> 200 S. Michigan Ave 17th Fl, Chicago IL 60604-2404 <a href="http://www.childabuse.org">www.childabuse.org</a>	<b>(312) 663-3520</b>
<b>RAINN (Rape Abuse Incest National Network)</b>	<b>(800) 656-4673</b>
<b>SAFER Society</b> Safer Society Press PO Box 340, Brandon VT 05733-0340 <a href="http://www.saferociety.org">www.saferociety.org</a>	<b>(802) 247-3132</b>
<b>STOP IT NOW</b> e-mail: <a href="mailto:info@stopitnow.com">info@stopitnow.com</a> <a href="http://www.stopitnow.com">www.stopitnow.com</a>	<b>(413) 268-3096</b>

## **GENERAL RESOURCES**

### **American Professional Society on the Abuse of Children.** "Colleagues connecting for kids."

407 S. Dearborn Street Suite 1300, Chicago IL 60605

e-mail: [APSACMems@aol.com](mailto:APSACMems@aol.com)

Online at: <http://www.apsac.org>

Publications: Society Brochure; Professional Publications Catalog

### **Family Violence and Sexual Assault Institute (FVSAI)**

1121 East SSE Loop 323 Suite 130, Tyler TX 75701

Phone: 903.534.5100; Contacts: Robert Geffner, Marsha Millikin

Products: bibliographies, conference proceedings, journals, mailing lists, newsletters, publications

### **National Center on Child Abuse and Neglect (DHHS/OHDS/ACYF)**

Washington, DC 20201

Publications

"Child Sexual Abuse Prevention--Tips to Parents"

A Coordinated Response to Child Abuse and Neglect: A Basic Manual

### **National Children's Advocacy Center (NCAC)**

200 Westside Square Suite 700, Huntsville AL 35801

Phone: 256.533.0531; Contact: Charles Wilson

Products: Newsletters, Research reports, Training materials

### **National Clearinghouse on Child Abuse and Neglect Information** 330 C Street, SW, Washington DC

20447 Phone: 800.FYI.3366 e-mail: [nccanch@calib.com](mailto:nccanch@calib.com)

Online Publications at <http://www.calib.com/nccanch>

1998 Catalog

Federal Clearinghouse with Information on Children and Families Resource Listing

National Clearinghouse on Child Abuse and Neglect Information

Selected National Organizations Concerned with Child Maltreatment Resource Listing

"Definitions, Scope and Effects of Child Sexual Abuse" at

<http://www.calib.com/nccanch/pubs/sexabuse/Effects.htm>

List of Publications at <http://www.calib.com/nccanch/pubs/index.htm>

Publications at <http://www.calib.com/nccanch/pubs/infact.htm> including:

"What is Child Abuse and Neglect?"

"On Post-Traumatic Stress Disorder in Children"

"On the Effects of Sexual Abuse on Children"

"Ritualistic Abuse of Children"

"In Fact ... Answers to Frequently Asked Questions on Child Abuse and Neglect"

State Toll-Free Child Abuse Reporting Numbers, along with fact sheets, user manual series, resource listings, statistical information

"Definitions, Scope, and Effects of Child Sexual Abuse" online at  
<http://www.calib.com/nccanch/pubs/sexabuse/Effects.htm>  
User Manual Series

### **Prevent Child Abuse America**

200 S Michigan Ave 17th F, Chicago IL 60604-2404

Phone: 312.663.3520

Online publications:

"The Relationship between Parental Alcohol or Other Drug Problems and Child Maltreatment", Fact Sheet #14, 1996

"An Approach to Preventing Child Abuse", Fact Sheet # 15, 1996 at

<http://www.childabuse.org/fsl5.html>

"Child Sexual Abuse", Fact Sheet #19, 1996 at <http://www.childabuse.org/fsl19.html>

"The Relationship between Domestic Violence and Child Abuse", Fact Sheet #20, 1996 at

<http://www.childabuse.org/fs20.html>

"Child abuse and Neglect Statistics", 1998 at <http://www.childabuse.org/facts97.html>

"Prevention of Child Abuse and Neglect Fatalities" #9, 1996 at

<http://www.childabuse.org/fs9.html>

### **National Resource Center on Child Maltreatment**

1349 W. Peach Tree St., N.E., Suite 900, Atlanta Georgia 30309

Phone: 404.881.0707

Online at: [www.gocwi.org/nrccm](http://www.gocwi.org/nrccm)

Publications:

Main Functions to Train States and Tribes on Issues Regarding Child Maltreatment

### **Safer Society Foundation, Inc.**

Safer Society Press

PO Box 340, Brandon VT 05733-0340

Phone: 802.247.3132

<http://www.saferociety.org>

Publications:

1999 Catalog of Books, Tapes, & Videos

"Child Sexual Abuse: Facts About Abuse and Those Who Might Commit It", 1998

"Do Children Sexually Abuse Other Children?"

"Feeling Good Again," "Shinning Through," "Back on Track," "Web of Meaning"

Information Packet, 1999. Newsletter, Guidebook, Articles, Newsletter

**Stop it NOW!** e-mail: [info@stopitnow.com](mailto:info@stopitnow.com) and online at <http://www.stopitnow.com>

Phone: 413.268.3096

### **Prevent Child Abuse Wisconsin**

214 No. Hamilton Street, Madison WI 53703

Phone: 608.256.3374

FAX: 608.256.3378

Available Publications:

A Look at Child Sexual Abuse by Jon R. Conte, published by the National Committee for Prevention of Child Abuse (NCPA), 332 So. Michigan Ave., Suite 1600, Chicago IL 60604-4357, phone: 312.663.3520.

Child Sexual Assault and Abuse: A Resource and Planning Guide by I. Lorraine Davis, bulletin 6509, published in 1988 by the Wisconsin Department of Public Instruction, 125 South Webster Street, PO Box 7841, Madison WI, 53707-7841, Phone: 608.266.2188.

Basic Facts About Child Sexual Abuse published by the Prevent Child Abuse America "Protective Behaviors"; A violence Prevention Process for Children and Adults

"Safe, Adventurous and Loving"; Ideas for keeping children safe by Peg Flandreau West "Staying Safe: What YOU Can Do About Sexual Violence"  
"Talking about Child Sexual Abuse", by Cornelia Spelman, Second Edition, National Committee to Prevent Child Abuse

**Wisconsin Coalition Against Sexual Assault (WCASA)**

123 E. Main Street, Madison WI 53703

Phone: 608.257.1516

Core Service Component Definitions - 1998

1999 WCASA Sexual Assault Service Providers (SASP) Member Programs list

**Wisconsin Council on Children and Families**

16 No Carroll St, Room 600, Madison WI 53703

Phone: 608.284.0580

e-mail: [wccf@mailbag.com](mailto:wccf@mailbag.com) or [www.wccf.org](http://www.wccf.org)

Publications:

Stress and Trauma

Stress, Trauma & Neglect: Behavioral Outcomes

**Wisconsin Council on Developmental Disabilities**

600 Williamson Street, PO Box 7851, Madison WI 53707-7851

Phone: 608.266.7826, TTY 608.266.6660

e-mail: [wiswcdd@dhfs.state.wi.us](mailto:wiswcdd@dhfs.state.wi.us)

Online at: <http://www.waisman.wisc.edu/earlyint/wedd/>

Publication: Publication Catalog, 1999

**RESOURCES FOR CAREGIVERS**

**The National Child Welfare Resource Center**

Call 207.780.4430/800.HELP.KID

or

Terry Seymour

University of Southern Maine, NCWRC--522 Law Building

96 Falmouth Street, Portland ME 04103

Publication: Treating Sexually Abused Children in Adoptive Families

**National Clearinghouse on Child Abuse and Neglect Information,**

330 C Street, SW, Washington DC 20447

Phone: 800.FYI.3366

e-mail: [nccanch@calib.com](mailto:nccanch@calib.com)

Online publications:

Caring for Maltreated Children at:

<http://www.calib.com/nccanch/pubs/caregive/section5.htm>

Early Childhood Education Professionals: Roles and Responsibilities Related to Child

Maltreatment at: <http://www.calib.com/nccanch/pubs/caregive/section1.htm>

After the Report: What Schools Can Offer at:

<http://www.calib.com/nccanch/pubs/educator/section5.htm>

**Prevent Child Abuse Wisconsin**

214 No. Hamilton St, Madison WI 53703

Phone: 608.256.3374

FAX: 608.256.3378

Publication available: Working Together, A Team Effort by Elizabeth D. Drake, Anne Gilroy Nelson, and Thomas H. Roane.

**CHILD TREATMENT RESOURCES****National Clearinghouse on Child Neglect and Abuse Information**Online Publications:

"Working in the Field of Child Sexual Abuse" at:

<http://www.calib.com/nccanch/pubs/sexabuse/Field.htm>

A Coordinated Response to Child Abuse and Neglect: A Basic Manual.

"Philosophical Tenets of Child Protection" at:

<http://www.calib.com/nccanch/pubs/basic/section1.htm>

**Informational Booklet** providing a variety of community resources regarding child abuse  
Dane County Commission on Sensitive Crimes; revised 1993.

Signs of Child Abuse, "Helping Children Who are Hurting" online at  
<http://www.childabuse.org/signs.html>

Child Abuse Hotline Numbers, "Need Help?" online at  
<http://www.childabuse.org/phone.html>

**"The Process of Victimization: The Victims' Perspective"** 1989

Reprint requests to:

Jon R. Conte, Ph.D.

University of Chicago School of Social Service Admin

969 East 60th St., Chicago IL 60637

**Prevent Child Abuse Wisconsin**

214 No. Hamilton St., Madison WI 53703

Phone: 608.256.3374 FAX: 608.256.3378

Publication available:

Getting Together: Helping You to Help Yourself, by Elizabeth D. Drake and Anne Gilroy Nelson, published by Child Care Publications; PO Box 12024 Gainesville FL 32604.

**PARENT AND FAMILY TREATMENT RESOURCES****American Academy of Child & Adolescent Psychiatry. "Facts for Families"**

Public Information

PO Box 96106, Washington DC 20090-6106

Publication: "Child Sexual Abuse" (Fact # 9, 11/95)

Online at <http://www.aacap.org/factsfam/sexabuse.htm>



**Children's Trust Fund**

110 E Main St #614, Madison WI 53703,  
Phone: 1.800.262.9922 Extension "KIDS"  
"Positive Parenting Kit" (includes booklet on Positive Parenting: "Tips on Discipline")  
Family Resources Centers List, 1999  
Community-Based Family Resource and Support Programs List, 1999

**"The Child Sexual Abuse Accommodation Syndrome"**

Roland C. Summit, MD  
Community Consultation Service  
Building One South, Harbor, UCLA Medical Center  
1000 W Carson, Torrance CA 90509

**National Center on Child Abuse and Neglect, Administration on Children, Youth and Families, Administration on Children and Families, U.S. Department of Health and Human Services (User Manual Series)**

Child Sexual Abuse: Intervention and Treatment Issues, 1993

**Sinai Samaritan Medical Center****Aurora HealthCare, Sexual Assault Treatment Center**

945 North 12th Street, Milwaukee WI 53233  
Phone: 414.219.5555

Publications:

"The Stages of Healing from Childhood Sexual Abuse"  
"When Someone You Know Has Been Sexually Assaulted"- Information for Family and Friends  
"Reactions to Sexual Assault"  
Sexual Abuse of Children - Information for Parents

**National Clearinghouse on Child Abuse and Neglect Information**

PO Box 1182, Washington DC 20013-1182  
Phone: 703.385.7565 or 800.FYI.3366

**e-mail:** [nccanch@calib.com](mailto:nccanch@calib.com)

Online Publications:

"Roles of Mental Health Professionals Working with Abused and Neglected Children and Their Families" at <http://www.ealib.com/nccaneh/pubs/menthlth/section1.htm>  
"Responsibilities of the Mental Health Professional" at <http://www.calib.com/nccanch/pubs/menthlth/section2.htm>  
"Supporting Parents and Preventing Child Maltreatment at <http://www.calib.com/nccanch/pubs/caregive/section6.htm>  
"Treatment of Child Sexual Abuse" at <http://www.calib.com/nccanch/pubs/sexabusefreat.htm>  
"Treatment Modalities" at <http://www.calib.com/nccanch/pubs/menthlth/section5.htm>  
"Mental Health Treatment Issues and Models" at <http://www.calib.com/nccanch/pubs/menthlth/section4.htm>  
"Crisis Intervention Assessment" at <http://www.calib.com/nccanch/pubs/crisis/Assess.htm>  
"Family-Centered Crisis Response Models at <http://www.calib.com/nccanch/pubs/crisis/Models.htm>"  
Toll-Free Crisis Hotline Numbers at [URL:http://www.calib.com/nccanch](http://www.calib.com/nccanch)

**Prevent Child Abuse America**

Phone: 800.55.NCPCA

Online at: <http://www.childabuse.org/alterntv.html>

Publication: "Twelve Alternatives to Lashing Out at Your Child", 1999

**Parenting Network, The**

Bill Klatte, ACSW, CICSW; Sexual Abuse Relapse Prevention Program Coordinator  
1717 So 12th Street Suite 101, Milwaukee WI 53204-3300

Phone: 414.671.5575

FAX: 414.671.1750

**Prevent Child Abuse Wisconsin**

214 No. Hamilton St, Madison WI 53703

Phone: 608.256.3374

FAX: 608.256.3378

e-mail: [wcpca@juno.com](mailto:wcpca@juno.com)

Publications available:

Children Who Molest: A Guide for Parents of Young Sex Offenders by Eliana Gil, Ph.D., published by Launch Press, 1987, PO Box 5629, Rockville, Maryland, 20855, Phone: 800.321.9167.

Family Fallout: A Handbook for Families of Adult Sexual Abuse Survivors by Dorothy Beaulieu Landry, Safer Society Series, Number 8.

General Information about the Parent Education Resource Center; application for membership

Help for Adult Survivors of Childhood Abuse by Pat Brown and Elizabeth D. Jones, published by the National Committee for Prevention of Child Abuse (NCPCA)

Mother's Book, The by Carolyn M. Byerly, published 1992 by Kendall/Hunt Publishing Company, 2460 Kerper Blvd., PO Box 539 Dubuque IA, 52004-0539.

Outgrowing the Pain: a Book for and About Adults Abused as Children by Eliana Gil, Ph.d, published by Launch Press, 1984, PO Box 31491, Walnut Creek CA 94598

"Protective Behaviors for Children" produced by the Madison Police Department and CitiCable 12.

Sexually Abused Child, The: A Parent's Guide to Coping and Understanding. by Kathleen Flynn Mach, MSW, published 1994. To order copies contact Publishers Distribution Service, 6893 Sullivan Rd, Grawn, MI, 49637, Phone: 800.507.2665.

Sexual Abuse of Children: A Guide for Parents, published by the Sexual Assault Treatment Center of Greater Milwaukee and Pediatric Post Assault Clinic at Sinai Samaritan Medical Center, 2000 W. Kilbourn, PO Box 342, Milwaukee WI 53201-0342, Phone: 414.937.5555

You Don't have to Molest that Child by Timothy A. Smith, published NCPCA (see above).

Why Parents Anonymous?